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OPTOMETRIC AND RETINAL SCREENING REPORT

Centro Optico DEMO
Calle calleja, 08001 Provincia, Barcelona (ES)

Smith, Emily
Female, 43 years, Non Diabetic

Visit date
11.07.2022

OPTOMETRIC EXAMINATION

RIGHT EYE

LEFT EYE

-2.50



SPHERE

-1.00

-2.00



CYLINDER

-1.00

90°



AXIS

90°

0.50



ADDITION

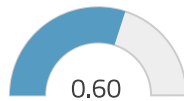
0.50



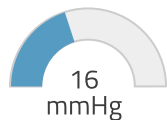
1.00



VISUAL ACUITY



0.60



16

mmHg



INTRAOCULAR PRESSURE
(12 to 22 mmHg)



20

mmHg

REASON FOR CONSULTATION

Routine visit

OPHTHALMOLOGIC HISTORY AND OTHER DATA

Smoker
Family history of AMD
Operated on cataract OU
Patient reports frequent headaches.

OPTOMETRIC EXAMINATION

Lacrimal deficit. Normal binocular vision at distance.
We observed a change in refraction from his glasses and a loss of normal accommodation due to presbyopia.

TIPS



Follow a balanced diet rich in vitamins and omega 3 fatty acids



Regularly check the vision of each eye separately.



Go regularly to your optician optometrist of confidence



In case of any doubt, distortion or sudden decrease in vision, contact your ophthalmologist.

Eye checkup carried out by Mamen Garcia Fernandez, with professional ID 12345

This screening test has scientifically proven its effectiveness in the early detection of diseases of the central retina. The data and images have been valued remotely through the internet by the specialist doctor who signs the report, who declares that there is no direct commercial relationship with the requesting center. This test is not intended to be a final medical diagnosis or a prognosis of treatment in order to be your ophthalmologist doctor who performs the necessary medical acts in person to properly diagnose and treat retinal pathology.



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IMAGES



Images taken with a non-mydriatic
cámara

Topcon NW 500

The photos are printed in low
resolution. To see the photos in high
resolution scan the following QR code
or write the attached link.

<https://s.optretina.com/4gnJDg>





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2022-07-11

TIPS



Be sure to submit this report to your family doctor, pediatrician or endocrinologist.



Remember to perform continuous eye checks with the Amsler grid. Ask your optician.



Recommend your friends and family to ask for their blindness prevention report.



We should all check our retina at least once a year, especially smokers, patients with a family history of eye disease, diabetics, and people over the age of 45.

SCREENING REPORT

FINDINGS

The non-mydratic camera study revealed areas of patchy atrophy in the macular zone of both eyes. The optic discs appear normal in both the right and left eye. They appear of normal coloration, well delimited. There is no pathological cupping. There are no peripapillary lesions that are susceptible to disease. The vascular system appears healthy in the retinography, arterioles and venules of normal caliber. Normal artery/vein ratio. Retinography does not reveal blood extravasation or exudates. The choroidal fundus appears normal in both eyes.

COMMENTS

The findings may be due to age-related macular degeneration in the late atrophy phase with no signs of choroidal neovascularization.

CONCLUSION & RECOMMENDATIONS

We recommend a preferential visit to the ophthalmologist in order to undergo revision of the ocular fundus. The patient may benefit from nutritional supplementation with antioxidants and an Amsler test.

Dr. Zapata
Num.Col.36707.Case 829685

SCIENTIFIC EVIDENCE

Zapata MA, Arcos G, FonollosaA, AbraIdesM, OleñikA, Gutierrez E, Garcia-Arumij. Telemedicine for a General Screening of Retinal Disease Using Nonmydratic Fundus Cameras in Optometry Centers: Three-Year Results. TelemedJ E Health. 2016 May 26
Zimmer-GallerIE, Kimura AE, Gupta S. Diabetic retinopathy screening and the use of telemedicine. CurrOpinOphthalmol. 2015 May;26(3):167-72.
Li HK,etal; American Telemedicine Association Diabetic Retinopathy Telehealth Practice Recommendations Working Group. Telehealth practice recommendations for diabetic retinopathy, second edition. TelemedJ E Health. 2011 Dec;17(10):814-37.
Bruce BB, BiousseV, Newman NJ. Nonmydratic ocular fundus photography in neurologic emergencies. JAMA Neurol. 2015 Apr;72(4):455-9.
De Bats F, VannierNitenbergC, FantinoB, Denis P, KodjikianL. Age-related macular degeneration screening using a nonmydratic digital color fundus camera and telemedicine. Ophthalmologica. 2014;231(3):172-6



The OPTretina platform comply with the CE mark for medical devices.

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